



Give a sustainable gift this Christmas

Please help feed the hungry and homeless this Christmas by donating non-perishable food items to the Good Shepherd Centre Food Drive.

Your gift will help to provide 1,200 meals each day—a 50% increase from last year's 800 meals served every day.

We cannot meet the demand alone—**we need YOUR HELP!**

Urgently needed items

Rice

Pasta & Sauces

Canned Fish

Canned Vegetables

Canned Meats

Canned Fruit

Canned Soups and Stews

Cookies & Crackers

Tea

Breakfast Cereals

Peanut Butter

Jams

Ground and Instant Coffee

Sugar

Powdered Fruit Juice

Ketchup, mustard, relish

Thank you for your generous support!

For more information, or to arrange a pick up or delivery, please contact
416-369-3619 ext. 262



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