



Good Shepherd Centre Wish List

GOOD
SHEPHERD
MINISTRIES

GOOD SHEPHERD CENTRE
412 Queen Street East
Toronto, Ontario M5A 1T3
Fax: (416) 869-0510
Tel: (416) 869-3619
www.goodshepherd.ca

Kitchen

instant and ground coffee
tea
soups and stews
powdered fruit juice
rice
sugar
cookies
hot chocolate
spices (paprika, garlic powder)
salt and ground pepper
condiments (ketchup, mustard, relish)
breakfast cereals
tinned vegetables, fruit

Dormitory

toothpaste
toothbrushes
razors
shaving cream
men's deodorant
Kleenex
bath towels
fitted twin sheets
blankets (preferably twin)

Clothing Room

underwear
socks
durable pants sizes 28 - 44
sweatshirts
t-shirts
hoodies
running shoes

Medical Clinic

nail clippers (larger size)
reusable ice packs
Band-Aids
tensor bandages
Metamucil fibre
Polident
Calamine lotion
Tylenol & Advil
Neocitran
vitamins (C, B, multi)
cough syrup & lozenges
Chapstick
foot powder
Emery boards
Epsom salts
baby oil/Alpha Keri oil
small packages of Kleenex
Vaseline (small tubs)
small tubes of moisturizing cream
nutritional supplements
dandruff shampoo
antacids

DARE Program

art supplies
soccer balls
baseball gloves (adult size)
recreational items e.g. tickets to games,
movies
educational videos
relaxation tapes
blank notebooks

Donations can be dropped off at:

Good Shepherd Centre
412 Queen Street East (near Queen East & Parliament Streets)
For larger donations, call (416) 869-3619 to arrange pick-up,
or e-mail donations@goodshepherd.ca