



GOOD SHEPHERD MINISTRIES

GOOD SHEPHERD CENTRE
412 Queen Street East
Toronto, Ontario M5A 1T3
Fax: (416) 869-0510
Tel: (416) 869-3619
www.goodshepherd.ca

Wish List

Kitchen

Rice
Instant and ground coffee
Tea
Canned soups and stews
Canned meats
Canned vegetables & fruit
Powdered fruit juice
Pasta sauce
Pasta
Sugar
Hot chocolate
Spices (paprika, garlic powder)
Salt and ground pepper
Condiments (ketchup, mustard, relish)
Breakfast cereals
Macaroni & cheese

Dormitory

toothbrushes
toothpaste
razors (disposable)
deodorant
bath towels

Clothing Room

(Men's Only)
underwear (new)
socks
durable pants, i.e. jeans,
work pants, sizes 28 to 44
sweaters
winter jackets
winter boots
mittens/gloves
scarves
toques
t-shirts
long johns
running shoes & boots (gently used)

DARE Program

art supplies
soccer balls
baseball gloves (adult size)
recreational items e.g. tickets
games, movies
educational videos
relaxation tapes
blank notebooks

Medical Clinic

Tylenol or Advil
Neocitran
vitamins (C, B, multi)
cough syrup & lozenges
Chapstick
foot powder
Emery boards
nail clippers
Epsom salts
baby oil
small packages of Kleenex
Vaseline (small tubs)
small tubes of moisturizing cream
nutritional supplements
Tums or similar antacid
shoe insoles
Reading glasses
Pumice stones
antacids

Donations can be dropped off at:

Good Shepherd Centre
412 Queen Street East (near Queen East & Parliament Streets)
For larger donations, call (416) 869-3619 to arrange pick-up,
or e-mail donations@goodshepherd.ca