

## **FOOD**

Canned tuna/meat
Canned soups/stews
Canned vegetables/fruit
Instant/ground coffee
Tea
Hot chocolate
Peanut butter
Jams
Cookies & crackers
Rice
Vegetable oil

Powdered milk

Tomato/spaghetti sauce

Cooking spices

## **CLOTHING - MEN'S**

Winter boots
Winter coats
Men's underwear (new)
Socks (new)
Jeans (all sizes)
Rain jackets and Ponchos
Warm gloves
Winter hats & scarves

## **DORMITORY SUPPLIES**

Razors
Toothpaste & toothbrushes
Men's deodorant
Shaving cream
Bar soap/liquid body wash
Shampoo
Body lotion
Towels

Donations can be dropped off at:

Good Shepherd Centre

412 Queen Street East
(Queen Street East & Parliament Streets)

To arrange a pick up for a large donation, please call (416) 869-3619 ext. 277 or e-mail cindy@goodshepherd.ca

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